

List of Members : 2018-2019

GOVERNING BODY

- Dr. Saradha Suresh : Honorary President, Former Director,
Institute of Child Health (ICH), Chennai.
- Dr. Rani Mohanraj : Secretary, Psychologist, Samarth, Chennai
- Dr. Shuba Kumar : Treasurer, Social Scientist, Samarth, Chennai
- Dr. L. Jeyaseelan : Prof. & Head, Department of Biostatistics,
Christian Medical College, Vellore.
- Dr. R. Thara : Vice Chairman, Schizophrenia Research Foundation,
(SCARF), Chennai.
- Dr. Lakshmi Vijayakumar : Psychiatrist, Founder Member Sneha, Chennai
- Dr. Krishnakumar : Principal, Elite School of Optometry, Sankara Nethralaya, Chennai.
- Dr. Visalakshi Jeyaseelan : Lecturer, Department of Biostatistics, Christian Medical College, Vellore
- Dr. Suresh Kumar : Consultant Psychiatrist, Chennai.

MEMBERS

- Ms. K.V. Sripriya : Nutritionist, Research Coordinator, Samarth, Chennai
- Ms. Aarthi Kandasamy : Psychologist, Coimbatore.
- Ms. Basilea Watson : Technical Assistant (Research), National Institute for Research in
Tuberculosis (NIRT), Chennai
- Dr. B.R Desikachari : Senior Public Health Consultant, Chennai
- Dr. Keerthi Prabhu : Clinical Psychologist, Apollo Hospitals, Chennai
- Ms. C.D. Nandini : Nutritionist, Chennai
- Ms. Prasiddha Rama Rao : Health Educationist.
- Ms. Premalatha : Data Manager, Schizophrenia Research Foundation (SCARF), Chennai
- Ms. Rama Murali : Public Health Consultant, USA
- Ms. Sylvia Jeyakumar : Consultant, Biostatistics, Chennai
- Mr. Veerapandian : Assistant Professor, The Banyan Academy of Leadership in Mental Health
(BALM), Chennai

ADVISORY BODY

- Dr. Lisa Manhart : Associate Prof. Epidemiology, Adjunct
Associate Prof. Global Health, University of Washington,
Center for AIDS & STD, Seattle, USA.
- Dr. Usha Ramakrishnan : Associate Professor, Hubert Department of Global Health,
Emory University – USA.

ETHICS COMMITTEE

- Dr. B.W.C. Sathiasakaran : Chair, Prof. of Community Medicine, Sri Ramachandra
Medical College and Research Institute (SRMC&RI), Chennai.
- Ms. Savitha : Community Representative, Chennai.
- Dr. Padmavati : Psychiatrist, Joint Director-SCARF, Chennai
- Dr. Visalakshi Jeyaseelan : Biostatistician, Christian Medical College, CMC, Vellore.
- Dr .G. Srinivas : Professor & HoD, Department of Epidemiology
The TN Dr MGR Medical University, Chennai
- Dr. TP. Jayanthi : Associate Professor, Community Medicine , KMC, Chennai
- Ms. Ranjini Murthy : Researcher and Consultant, Gender and Development Chennai
- Dr. Jagannathan : Senior Assistant Professor of Pathology, Kilpauk Medical College,
Chennai.
- Mr. Karthik Ram Mohan : Advocate, Chennai.
- Ms. Sumitra Gomadam : Advocate, Chennai.
- Ms. Neha Lamech : Member Secretary, Chennai.

SCIENTIFIC REVIEW COMMITTEE MEMBERS

- Dr. R.Thara : Director, Schizophrenia Research Foundation, (SCARF), Chennai.
- Dr. Shaheed Jawahar : Former Scientist “G” National Institute For Research in Tuberculosis
(NIRT), Chennai.
- Dr.L.Jeyaseelan : Professor & Head, Department of Biostatistics,
Christian Medical College, Vellore.
- Auditors : Parameswaran & Associates Chartered Accountants.
- Accounts Officer : Mr.J.S.Dinesh, B.S.Associates, Chennai.
- Bankers : Canara Bank, St. Mary's Road, Chennai.

SECRETARY'S MESSAGE

Dear All,

Greetings from Samarth!

We completed ten years of existence in 2017 and we are excited to begin our journey for the next decade. We are confident that we will continue to be engaged in some great research projects and meaningful collaborations in the coming years.

The year 2018-19 saw the final evaluations of the Bristol-Myers Squibb Foundation's (BMSF) Delivery Hope programmes which were being carried out in six states of India by six different NGOs. The programme's aim was to create awareness about hepatitis and encourage adult vaccination among different stakeholder groups. We started the evaluations in 2014 from baseline to interim and began final evaluations from 2017 onwards. During this period, we carried out two final evaluations of projects by MAMTA and AmeriCares. All final reports were submitted to BMSF. The Delivering Hope programme has created good awareness among the community members, among school and college students, among injection drug users and health care providers. This programme has given the opportunity for many people to get vaccinated for hepatitis B, which we think is a big achievement of the programme. Our experiences in carrying out these evaluations and our associations with the different NGO partners have provided wonderful learning opportunities for Samarth. I would like to place on record our profound thanks to Ms. Mtshali Phangisili, Director of BMSF's Hepatitis programmes in Asia for giving us this opportunity.

During this period we also completed analyzing the results of the study, titled, Care seeking behavior for childhood pneumonia in the three states of India. The final report was submitted to INCLIN and we are proud to state that we published a manuscript "Where do mothers take their children for pneumonia care-Findings from three Indian States" in the prestigious PLOS One journal. We are in the process of writing up other manuscripts.

This period also saw us collaborating with Dr. Deepa Rao, Professor at the Department of Global Health, University of Washington, to submit two proposals in response to RFA's put out by the National Institute of Health, USA. The projects are aimed at an intervention for depression in pregnant women and an intervention for men to strengthen family relationships. We are positive that these projects will be considered for funding.

We continue to conduct our yearly workshops on qualitative research and instrument development. We were invited by various organizations (Aster-CMI, Bangalore, National Institute of Tuberculosis Research, Chennai and VPSV Ayurveda college, Kottakal) to conduct workshops at their premises. We also conducted a workshop on research methods for a young group of students doing their under graduation in social work at the University of Houston, USA. The workshop was followed by interesting interactions with the students who were eager to know our field experiences of conducting research in India

Overall, it has been a very productive year and as always I would like to thank all our members, governing body members, collaborators, and well wishers for their continued support in our growth.

ABOUT SAMARTH

We are a group of epidemiologists, social scientists, psychologists and biostatisticians who share a common vision in advocating for health research. We have extensive research experience in using both qualitative and quantitative methods in several national and international multicentric health projects. These have ranged from projects on domestic violence, adolescent mental health, community mental health to, care and support programmes for HIV positive persons.

Samarth was set up in January 2007 and registered as a society under the Tamilnadu Societies Registration Act, 1956 on 24th May 2007. Members of Samarth have been involved in conducting various research projects and social science training programmes.

OUR OBJECTIVES

- ❖ Conducting research to inform policy
- ❖ Building capacity in epidemiology, social science and biostatistics
- ❖ Building partnerships with government and private sectors in health promotion

OUR MISSION STATEMENT

Samarth is committed to creating healthier lives of communities through credible research and sustainable interventions

RESEARCH AND TRAINING ACTIVITIES

ONGOING PROJECTS RESEARCH

1. Evaluation of the six 'Delivering HOPE- India' NGO partners programme. Supported by BMSF (November 2014 - December 2018) final evaluation

The Bristol-Meyers Squibb (BMS FOUNDATION) Foundation has undertaken several programmes to implement strategies to reduce the incidence of Hepatitis (B and C) in India. The BMS Foundation has been working with NGO partners in several states across India in implementing these programmes. These NGO partners have been involved in carrying out education and awareness programmes aimed at communities, schools and colleges, running vaccination camps and training health care providers on various prevention and treatment aspects of Hepatitis B and C. In an effort to improve the efficiency of programmes and to understand their effectiveness, BMSF recruited Samarth to monitor and evaluate the hepatitis reduction programmes being undertaken by their partner NGO. These evaluations have been carried out on a periodic basis for the last three years. With funding for these projects now coming to a close, Samarth was invited to undertake one final evaluation of the projects being undertaken by MAMTA in Amritsar and Imphal and Americares in Mumbai. Described below is a summary of the findings of our evaluations carried out using both qualitative and quantitative methods.

I) MAMTA : Prevention and Early Management of Viral Hepatitis B and C among IDUs undertaken by Abhivyakti Foundation in Amritsar and MNP+ in Imphal

The MAMTA Health Institute for Mother and Child is an NGO set up in 1990 specifically focusing on maternal and child health, sexual reproductive health and rights, HIV/AIDS and Tuberculosis, and non-communicable diseases. Viral hepatitis due to Hepatitis B and C virus poses a serious challenge as many infected persons are unaware of their chronic carrier status and hence, continue to infect others. In the long term this results in a loss of productive workforce and also poses a major burden to families in terms of treatment costs. The prevalence in India is estimated at 3.7% which adds up to over 40 million HBV carriers. Considering the seriousness of the problem, the goal of this proposed initiative by MAMTA was to reduce transmission of viral hepatitis B and/or C and improve care of patients through prevention and early management of the disease using focused intervention strategies. This programme was undertaken by MAMTA in the city of Amritsar in Punjab state by the Abhivyakti Foundation (AF) and in the city of Imphal in Manipur state by the MNP+ Foundation. Both cities have a large percentage of Injection Drug Users (IDUs) who are vulnerable to contracting the disease on account of unsafe injection practices, The evaluations by Samarth were carried out during the months of March and April 2018

Report on AF

The Hepatitis awareness programme carried out by AF has been helpful to IDUs particularly in terms of getting them on to the OST (Oral Supplementation Therapy) programme and in terms of testing and

vaccination. It has also provided them with a place where they can meet and interact with the AF staff in a relaxed and comfortable atmosphere. A good majority of the IDUs from the intervention group who had participated in the survey were on OST and had stopped taking drugs which was largely similar to the IDUs in the control group. However, the intervention group did better than the control group in terms of testing and getting vaccinated. The programme had been helpful to the IDUs as it had provided them financial support necessary for undertaking testing and vaccination both of which are expensive. But, in terms of knowledge of modes of transmission and symptoms of Hepatitis there was no significant difference between the intervention and control groups. Despite the fact that awareness programmes on Hep, B and C had been conducted, the IDUs had not understood or absorbed the information. These are issues that we have been seeing consistently throughout all our evaluations. These IDUs had been under the influence of highly addictive drugs for several years which may have contributed to some cognitive impairment. Several IDUs took a long time in understanding the survey questions and some even had difficulty communicating clearly. Our questions both during the survey and the qualitative interviews often had to be repeated and explained to them several times over before they were able to respond. While the value of building disease awareness is important, future programmes could consider imparting only the basic and absolutely necessary information that can be easily absorbed and retained by IDUs. Periodic evaluations of how well the IDUs have retained the information imparted could be helpful in planning a step wise gradation of information that would hopefully ensure better retention.

Report on MNP+

In Imphal too the programme has provided a major support resource for the IDUs by giving them a forum where they could interact and express their problems free of stigmatization. Through this programme IDUs had been educated about the modes of transmission and symptoms of the disease. However, there continues to be several aspects to do with injection safety practices, risk perceptions and other knowledge about Hepatitis that remains poorly understood by the IDUs. This may be attributable to poor motivation levels of the IDUs to learn more about the disease. Given their impoverished circumstances and the toll that long use of drugs have taken on their health and mental capacity, programmes that seek to keep them mentally and physically occupied may prove to be more helpful. Simple income generation schemes that could be taught to them may help to keep them engaged in addition to generating some income. Enhancing counselling services for IDUs would also be needed.

- ii) **Hepatitis B Prevention & Health Worker Surveillance:** Health Care workers surveillance project being carried out at LTMG hospital (Sion hospital) by AmeriCares, India (I-SPEAR)

The final evaluation of the I-SPEAR programme undertaken by AmeriCares in Mumbai was carried out in March 2019. The I-SPEAR project was initiated in 2016 at Sion hospital. The aim of the project was to improve awareness about Hepatitis B, TB, bio-waste management and reduce needle stick injuries among

health care providers through trainings, refresher trainings and orientations on safe injection practices. The project also included vaccination of all health care providers for Hepatitis B. Samarth carried out the evaluations in 2017 and 2018. The final evaluation included a quantitative survey with health care providers and qualitative interviews with a few hospital senior doctors who were responsible for continuing the efforts of the project to ensure improved knowledge and safe practices. Three hundred and thirty health care providers, including new residents (n=40), nurses (n=161), lab technicians (n=30) and class IV workers (n=100) completed a quantitative survey questionnaire on knowledge and awareness about Hepatitis B, TB and hand hygiene practices. Results showed that majority of the providers (all categories) had good knowledge about Hepatitis and TB and safe injection practices and most of the providers were vaccinated. There were a few gaps in knowledge about Hepatitis B, TB and bio-waste management. For example, close to 75% of resident doctors, 50% of lab technicians, 70% of nurses reported that along with the practice of disposing the needle with a needle cutter to prevent needle cut injury, they also reported safe re-capping of needles and wearing protective gloves. This they believed could prevent needle injury which is not a safe option. Findings also showed that all class IV workers were vaccinated for Hepatitis B and 97% had received vaccination through the I-SPEAR project. We also found that the knowledge of majority of class IV workers with regard to Hepatitis, TB and bio-waste management was good. The senior doctors who participated in the qualitative interviews appreciated the I-SPEAR project and its impact on improved knowledge and safe practices. This they felt had been extremely beneficial to the hospital. As one doctor said, "we could not have done without them". The final evaluation results showed that the project had achieved its objectives of creating awareness about Hepatitis, TB and safe injection practices and bio-waste management.

Completed Project

2. A cross-cultural study of the experience of recovery by people with schizophrenia in Australia and India. (2017 November – September 2018)

This project was a collaborative effort between Dr. TN Srinivasan the principal investigator working at the Psychiatric Rehabilitation Service in Hunter Hospital, the Schizophrenia Research Foundation (SCARF) and Samarth. The Samarth team served as qualitative consultants and also undertook the coding of some of the interview transcripts using the Atlas TI qualitative software. The study aimed to explore and describe the experience of recovery from schizophrenia. Persons with schizophrenia are faced with the experience of the illness and recovery from it, with the two experiences occurring simultaneously as well as sequentially. Knowledge about the experience of the illness is necessary to give a better understanding of the experience of recovery from it. The project also explored how culture influences the experience of recovery from schizophrenia in Australia and India. A total of 100 interviews with patients and family members from Australia and India were carried out, transcribed and entered into Atlas TI. The interviews were coded, a code book was developed and reviewed by the study team. The coding of all data has been completed and paper writing is underway. One publication as a letter to the editor has been published in the Australian and New Zealand Journal of Psychiatry. A methodology paper is under preparation,

PROJECTS IN PIPELINE

1. Intervening with Pregnant Women in Depression in South India. A Collaborative Project with Dr. Deepa Rao, Department of Global Health & Department of Psychiatry, University of Washington, USA. Submitted to NIH as an R01-Submission deadline October 2019

Suicide rates among Indian women are amongst the highest in the world and depressive symptoms have been linked to high rates of preterm births in India. Despite clear linkages between maternal depressive symptoms and negative consequences for birth outcomes, no published studies have examined the effectiveness of intervening on depressive symptoms experienced by pregnant women in India. The proposed intervention targets pregnant women in South India who have mild to moderate depressive symptoms and combines Motivational Interviewing (MI) and Interpersonal Counseling (IPC: a brief form of Interpersonal Therapy), using materials already adapted for the Indian context. We aim to determine the effectiveness of the combined intervention and identify mechanisms involved in reducing maternal depression in Karnataka and Tamil Nadu, India. We will also train research staff and junior investigators in conducting mental health intervention research through intensive mentorship of pilot projects and coursework. Our project will benefit from our long-standing collaborations with investigators in India and the United States. We expect that this study will demonstrate the effectiveness of the intervention in reducing rates of depressive symptoms in pregnant women and an improved understanding of mechanisms involved in achieving these outcomes. Furthermore, we will gather information on the intervention's impact on 12-month maternal depression, birth outcomes, and growth indicators. The proposal is being prepared to meet the October 2019 deadline for NIH

2. Strengthening Family Relationships in India: A Community Based Intervention for Men.” R21

This study is planned as a collaboration between Dr. Deepa Rao, Associate Director, Global Mental Health, Department of Global Health, University of Washington and Samarth and will be submitted in response to an NIH-R21 request for application. In India, years of life lost attributable to alcohol consumption in men has reached concerning levels, Twenty-eight percent of Indian men are considered high risk drinkers, and 43% of all drinkers reported heavy episodic drinking. Thirty-three percent of road traffic accidents and 63% of liver cirrhosis cases are attributed to alcohol use in Indian men. Unfortunately, a recent population based study found that only 2.8% of men with Alcohol Use Disorders sought treatment for these disorders in the past 12 months. Furthermore, 50% of male drinkers stated that they become more aggressive towards others after drinking. Accordingly, men's alcohol use has direct adverse impacts on family members and their well-being, leading to relationship difficulties, domestic violence, and spousal suicide attempts. Developed in the United States, the Check-Up Intervention is a variant of the Motivational Enhancement Therapy (MET) with Motivational Interviewing, a technique used with people who misuse alcohol, are untreated, have difficulties in marital relationships, and would be unlikely to self-refer for treatment. It aims to help men recognize the negative consequences of their drinking, and if applicable, aggressive behaviors, to engage them to move towards change. Because the likelihood of self-referral for our intended population is low, the Check-Up approach is ideal because it is brief, can be done over the phone, and represents a harm-reduction approach for men who use alcohol in India.

SOCIAL SCIENCE TRAINING PROGRAMMES

Social Science training Programmes organized by Samarth and those for which Samarth faculty have been invited to as resource persons during the period 2018 – 2019 are listed below:

1. Qualitative Research Methods and Analysis workshop 8th –10th May 2018, conducted by Samarth in collaboration with SCARF (Schizophrenia Research Foundation)
2. Quantitative Research Methods Workshop 27th -28th June 2018, conducted by Samarth at Aster CMI, Bangalore



3. Instrument Development Workshop 13th - 14th November 2018, conducted by Samarth in collaboration with SCARF (Schizophrenia Research Foundation)



4. Qualitative Research Methods and Analysis workshop 20th - 22nd December 2018, conducted by Samarth at Sankara Nethralaya, Chennai.
5. Research Methods for UG Social Work students from the University of Houston, USA (Study Abroad) 31st December 2018, conducted by Samarth at SNEHA Foundation, Chennai
6. Instrument Development Workshop 8th - 9th January 2019, conducted by Samarth at National Institute of Socio Behavioral Department, (NIRT), Chennai.



7. Instrument Development Workshop 27th - 29th March 2019, conducted by Samarth at VPSV Ayurveda College, Kottakkal, Malappuram, Kerala.

PUBLICATIONS

Srinivasan T, Ramachandran P, Kumar S & Mohanraj R. (2018). Cross-cultural differences in recovery from schizophrenia: What to compare? Australian and New Zealand Journal of Psychiatry. 53. 10.1177/0004867418812677

Narayanan A, Kumar S & Krishna Kumar R. (2018). Spectacle compliance among adolescents in Southern India: Perspectives of service providers. Indian Journal of Ophthalmology. 66. 10.4103/ijo.ijo_27_18.

Mohanraj R, Kumar S, Jayakumar S, Agarwal M, Dhingra B, Jeyaseelan V, et al. (2019) Where do mothers take their children for pneumonia care? Findings from three Indian states. PLoS ONE 14(4): e0214331.

Profile of FOUNDER MEMBERS

L. Jeyaseelan has a doctorate in Biostatistics and is currently the Professor at Department of Biostatistics at Christian Medical College (CMC), Vellore. He was trained in Epidemiology and Biostatistics at the University of Newcastle, Australia under the INCLEN (International Clinical Epidemiology Network). He has established a Biostatistics Research and Training Centre (BRTC) and a Clinical Data Management Centre (CDMC) at CMC for high quality data analyses and management.

Shuba Kumar is a Social Scientist and holds a doctorate in Medical and Social Psychiatry from the Tamil Nadu, Dr. M.G.R. Medical University, Chennai. She received her training in Social Science and Epidemiology from the University of Newcastle, Australia under the INCLEN (International Clinical Epidemiology Network) programme. She has been a lead investigator on research projects on women's reproductive health, domestic violence, mental health and HIV care and support programmes. She is also the sitting member of ethical committees in institutions such as, the National Institute for Research in Tuberculosis (NIRT), Madras Diabetes Research Foundation (MDRF), and the Schizophrenia Research Foundation (SCARF).

Rani Mohanraj completed her doctorate in Psychology from the University of Madras and was trained under the Fogarty Fellowship Programme in Epidemiology and Biostatistics at the University of Washington, USA. She has been involved in research studies on mental health concerns, specifically depression in primary care and school mental health. She has also worked with HIV affected children and has consulted on the development of tools for counsellors in HIV care. She is also the sitting member of ethical committee in Voluntary Health Services (VHS), Adyar, Chennai.

Saradha Suresh is the Former Director of the Institute of Child Health (ICH), Chennai. She underwent training in Clinical Epidemiology, Biostatistics and Health Economics at the University of Pennsylvania, USA under the INCLEN programme. She has been the lead researcher on several neonatal and child health projects. She is currently Honorary President of Samarth.

Veerapandian was trained in Psychology from the Presidency College, Chennai and completed M.Phil from University of Madras. He is a visiting faculty in Psychology at various educational institutions. He is Associate Professor, The Banyan Academy of Leadership in Mental Health (BALM), Chennai

FINANCIAL STATEMENT



PARAMESWARAN & ASSOCIATES
CHARTERED ACCOUNTANTS

FORM NO. 10B

[See rule 17B]

**Audit report under section 12A(b) of the Income-tax Act, 1961, in the case of
charitable or religious trusts or institutions**

We have examined the balance sheet of SAMARTH [name of the trust or institution] PAN AAGTS9955G as at 31/03/2019 and the Profit and loss account for the year ended on that date which are in agreement with the books of account maintained by the said Trust or institution. We have obtained all the information and explanations which to the best of our knowledge and belief were necessary for the purposes of the audit. In our opinion, proper books of account have been kept by the head office and the branches of the above named trust visited by us so far as appears from our examination of the books, and proper Returns adequate for the purposes of audit have been received from branches not visited by us, subject to the comments given below:

In our opinion and to the best of our information, and according to information given to us, the said accounts give a true and fair view-

- (i) in the case of the balance sheet, of the state of affairs of the above named trust as at 31/03/2019
- (ii) the case of the profit and loss account, of the profit or loss of its accounting year ending on 31/03/2019

The prescribed particulars are annexed hereto.

for **PARAMESWARAN AND ASSOCIATES**
Chartered Accountants



V. Parameswaran
(V PARAMESWARAN)
PARTNER
M. No. : 024939
FRN : 0013255S

UDIN: 19 024939 AAAAB 54063

Date : 25/09/2019
Place : Chennai

"KAMALALAYA"

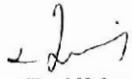
E -7, III Floor, Gemini Parsh Apartments, Cathedral Garden Road, Chennai - 600 006.
Phone : 4302 4545, 2826 3636, E-mail : cavparam@gmail.com

SAMARTH
NO 100, WARREN ROAD, MYLAPORE, CHENNAI - 600 004

INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2019

Income	Amount	Expenditure	Amount
To Project Expenses	4,13,072.80	By Project Income	10,82,543.00
To Audit Fees	23,600.00	By Interest Received	57,077.19
To Bank charges	2,415.00		
To Postage & Courier	2,456.00		
To Electricity Charges	32,394.00		
To Printing & Stationery	13,487.00		
To Rent	60,000.00		
To Repairs & Office Maintenance	60,038.00		
To Salary & Wages	1,62,596.00		
To Telephone Charges	58,551.01		
To Travelling Expenses	7,567.08		
To Miscellaneous Expenses	2,547.80		
To Depreciation	53,844.40		
To Excess of Income Over Expenses	2,47,051.10		
	11,39,620.19		11,39,620.19

Place: Chennai
Date : 25/09/2019


(Rani Mahanraj)
Secretary

Vide our report of even date,
For **Parameswaran & Associates**
Chartered Accountants
Firm Regn. No. 013255 S

(V Parameswaran)
Partner
M.No. 24939

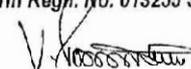
SAMARTH
NO 100, WARREN ROAD, MYLAPORE, CHENNAI - 600 004

BALANCE SHEET AS ON 31ST MARCH 2019

Liabilities	Amount	Assets	Amount
Capital Account	15,12,555.27	Fixed Asset	2,03,078.62
Outstanding Expenses	1,03,124.00	Deposits	6,05,132.47
Project Balance- Unspent	6,29,626.92	Cash & Bank Balance	14,37,095.10
	22,45,306.19		22,45,306.19

Place: Chennai
Date : 25/09/2019


(Rani Mahanraj)
Secretary

Vide our report of even date,
For **Parameswaran & Associates**
Chartered Accountants
Firm Regn. No. 013255 S

(V Parameswaran)
Partner
M.No. 24939

Schedules		
Particulars	Amount	Amount
Capital Account		
Opening Balance		12,65,504.17
Excess of Income over Expenditure		2,47,051.10
Closing Balance	15,12,555.27	
	15,12,555.27	15,12,555.27
Outstanding Expenses		
TDS Payable		47,600.00
Audit Fees Payable		23,600.00
Professional Fee Payable		27,200.00
Telephone Expenses		4,724.00
		1,03,124.00
Project Funds		
BMS - Balance	46,47,604.65	
Add: Receipts	1,96,399.63	
Less: Utilization	42,66,441.36	5,77,562.92
Pneumonia Project Fund	99,198.00	
Add: Receipts	6,74,491.00	
Less: Utilization	7,21,625.00	52,064.00
		6,29,626.92

Deposits		
Telephone Deposits		1,500.00
Fixed Deposit *		4,20,728.47
TDS Receivable		1,57,904.00
Salary Advance		25,000.00
		6,05,132.47
Cash & Bank Balance		
Cash - BMS		3,742.64
Cash -Samarth		26,632.16
Canara Bank-7996		7,00,039.24
Canara Bank - BMS		6,24,344.00
Canara Bank - FCRA		4,795.00
Canara Bank - Debit Card		77,542.06
		14,37,095.10

FIXED ASSETS

PARTICULARS	W D V as on 01.04.2018	Additions		Deletions	Total	Depreciation		W D V as on 31.03.2019
		Before Sep	After Sep.			Rate	Amount	
10% Furniture	1,11,812.21	-	-	-	1,11,812.21	10%	11,181.22	1,00,630.99
40% Computer	83,586.19	-	-	-	83,586.19	40%	33,434.48	50,151.71
15% Inverter Air conditioner Office Equipment	26,703.74 28,679.64 6,141.24	- - -	- - -	- - -	26,703.74 28,679.64 6,141.24	15% 15% 15%	4,005.56 4,301.95 921.19	22,698.18 24,377.69 5,220.05
Total	2,56,923.02	-	-	-	2,56,923.02		53,844.40	2,03,078.62